

# Kintegra Health Behavioral Health School Data Sheet

## Attendance Outcomes

- **Definition of Chronic Absenteeism (2024–2025):**  
Missing **10% or more** of school days ( $\geq 18$  days)
- **Key Outcome:**
  - **96%** of students receiving Kintegra Behavioral Health services **did not meet criteria for chronic absenteeism**
- **Pre/Post Intervention Findings (2024–2025):**
  - Average absences before intervention: **14 days/year**
  - Average reduction after intervention: **2 days**
  - **14.3% decrease in absences**
- **Insight:**  
Students diagnosed with mental health conditions had **lower attendance rates** compared to peers (2023–2024, 2024–2025)

## Mental Health Outcomes

- **Student-Reported Outcomes (2024–2025):**
  - **94%** of students receiving clinical intervention reported **maintenance or improvement of symptoms**
- **Trend Data:**
  - Adolescent mental health conditions increased **35% from 2016 to 2023**
- **Evidence-Based Insight:**
  - Brief school-based interventions show **statistically significant improvements** in mental health outcomes
  - Improvements sustained up to **6–12 months post-intervention**

## Academic Performance Outcomes

- **Risk Factor:**
  - Students with mental health challenges have a **62% higher risk** of poor academic performance
- **Pre/Post Intervention Results (2024–2025):**
  - Students earning above a C before intervention: **43%**
  - After intervention: **51%**
  - **9% increase** in above-average academic performance

## Behavioral & Discipline Outcomes

- **Discipline Risk:**
  - Students with emotional/behavioral disorders are **64% more likely** to face suspension or expulsion
  - **5.7%** experience exclusionary discipline ( $> 10$  days annually)
- **Intervention Impact (2024–2025):**
  - **25% reduction** in average disciplinary infractions following Kintegra behavioral health services

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## Stakeholder Quotes and School Feedback

- *“The North Carolina School Superintendents’ Association applauds Kintegra Health for its critical work supporting behavioral health in our schools. By partnering directly with educators and districts, Kintegra Health is helping ensure students have timely access to the mental and emotional support they need to succeed academically and thrive beyond the classroom. The partnership with Kintegra Health has been very valuable for our superintendents to engage in addressing the critical mental health needs of students and staff.”*

— **Jack Hoke, Executive Director**, North Carolina School Superintendents’ Association

- *“Having Kintegra Health in our school has helped students receive mental health services and support during the school day. Many of our students would not have been able to receive these services if they were not available at school.”*

— **Principal**, Kings Mountain Intermediate School

- *“We are able to work together to meet student and family needs, and we can see the positive impact on student achievement.”*

— **Principal**, Washington Elementary School, Cleveland County

- *“I have seen firsthand how Kintegra’s school therapists help students overcome challenges such as anxiety, academic difficulties, peer pressure, and bullying. In one case, a therapist worked closely with a student for months during an incredibly difficult time. Through this support, the student went from feeling hopeless to graduating and experiencing a complete turnaround.”*

— **Angela Simmons, Assistant Superintendent**

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## Satisfaction Data

**Question 1:** How satisfied are you with the Kintegra Health program being easily accessible for students? In 2023-2024 it was reported at 82% "very satisfied", in 2024-2025 it was reported at 88% "very satisfied"  
**\*99% somewhat and very satisfied**

**Question 2:** Do you feel increased comfort with mental health/behavioral health needs within the school? In 2023-2024 it was reported 94% as "yes" and in 2024-2025 it was reported 95% as "yes"  
**\*98% Yes, Maybe**

**Question 3 :**Do you think that having a Kintegra Health provider on site has improved the overall social-emotional culture at your school? In 2023-2024 and 2024-2025 it was reported at 91% "yes"  
**\*97% Yes, Maybe**

**Question 4:** How satisfied are you with Kintegra Health's ability to support behavioral health needs within the district? IN 2023-2024 it was reported at 84% "very satisfied" and in 2024-2025 it was reported at 94% "very satisfied"  
**\*98% "somewhat and very satisfied"**

**Question 5:** How satisfied are you with Kintegra Health providers' ability to integrate into the school setting? In 2024-2024 it was reported at 84% "very satisfied" and in 2024-2025 it was reported at 91% "very satisfied"  
**\*97% "somewhat and very satisfied"**

