# Responsibilities

### **Our Responsibilities**

- Listen to your questions and concerns; collaborate with you and include your preferences when setting your healthcare goals; explain disease, treatment and results in an easy-tounderstand way.
- Coordinate your overall care, sending you to trusted specialists if needed.
- Provide instructions for obtaining care and clinical advice during and after office hours, and how to access all of the services we provide.
- Provide access to care that is based on proven research, patient/family education and self-management support.

## Your Responsibilities to Your Medical Home

- To ask questions and be active in your care
- To provide your health history, symptoms and other health information including any changes in your health
- Provide instructions for obtaining care and clinical advice during and after office hours, and how to access all of the services we provide.
- Provide access to care that is based on proven research, patient/family education and self-management support.

# **Our Services**

Primary Care Services Behavioral Health Medication Assistance Pharmacy Diabetes Education HIV/AIDS Case Management Medicaid Case Management Senior Care Dental Care Work Place Wellness Programs

# **Our PCMH Locations**

Catawba County Kintegra Family Medicine \*133 1st Ave SE, Hickory

### **Cleveland County**

Kintegra Family Medicine 812 W. King St, Kings Mountain \*305 W. College Ave, Shelby 5009 Fallston Rd, Lawndale 1758 E. Dixon Blvd, Shelby 1760 E. Dixon Blvd, Shelby

Kintegra Pediatric Medicine 1019 N. Lafayette St, Shelby

Davidson County Kintegra Family Medicine \*420 N. Salisbury St, Lexington \*611 Randolph St, Thomasville

Davie County Kintegra Family Medicine 154 Government Center Dr.Mocksville

Gaston County Kintegra Adult & Pediatric Medicine \*2721 X-Ray Dr, Gastonia Kintegra Family Medicine \*119 W. Pennsylvania Ave, Bessemer City \*991 W. Hudson Blvd, Gastonia \*609 N. Highland St, Gastonia \*111 E. 3rd Ave, Gastonia

**Kintegra Pediatric Medicine** 991 W. Hudson Blvd, Gastonia

Iredell County Kintegra Family Medicine \*1022 Shelton Ave, Statesville

Kintegra Pediatric Medicine \*518 Brookdale Dr, Statesville

Lincoln County Kintegra Family Medicine \*212 Gamble Dr, Lincolnton

#### \* PCMH Behavioral Health Distinction

# **6 Kintegra** Health

# Your Patient-Centered Medical Home

Connecting to Patients to Provide Access to a Coordinated Care Delivery System

# What is Patient-Centered Medical Home?

A "Patient-Centered Medical Home" (PCMH) is how health care is delivered to patients. The medical home team in your doctor's office manages care and services for you – acting as the "center" of your care. A medical home can lead to higher quality care for patients, and improved care can lead to lower costs for all of us.

A PCMH puts the patient at the center of the health care system and provides primary care that is:

<ul> <li>Accessible</li> </ul>	<ul> <li>Family Centered</li> </ul>	<ul> <li>Compassionate</li> </ul>
<ul> <li>Continuous</li> </ul>	<ul> <li>Coordinated</li> </ul>	

### Why Kintegra Has Become A PCMH

Patient-Centered Medical Home is a major part of our continuous effort to improve quality, safety, and efficiency within our organization. By replacing episodes of care with whole person care, we can help coordinate your long term health. We believe strongly that providing you with health education and helping you understand your health situation can contribute to better outcomes. Kintegra Health being a PCMH does not affect your insurance coverage in any way. We will provide you enhanced care through same-day appointments and extended hours, and help improve interaction and communication with specialists, other care facilities, and the entire health care team.

### **Principles of PCMH**

A Personal Physician
Whole Person Focus
Coordinated Care Team
Focus on Quality and Safety

# Appointments Phone: 704-874-3316

You will be able to schedule a well or sick visit, obtain medical advice or request a prescription refill.

You can also request an appointment on MyChart

For medical problems after-hours, call your medical provider home site (where you see your primary care provider).

All of the Kintegra Health medical facilities provide medical coverage 24 hours a day, 7 days a week. If you or your child has a medical problem at night, on weekends, or on a holiday when the doctor's office is closed, you are still able to obtain non-emergency medical care. Call your doctor's office to learn how to reach the After-Hours Nurse Line or the doctor on-call. You can also send a message through MyChart to reach a professional nurse who can help you or your child.

The nurse or doctor on-call will ask for information about the reasons that are making you or your child feel bad.

The nurse will then decide if you need...

- ...to know that everything is okay.
- ...to get medical advice on what to do.
- ...to speak to a doctor.

...to speak to a doctor tomorrow.

### **Behavioral Health Distinction**

The PCMH Behavioral Health Distinction shows that the practice is committed to identifying and treating behavioral health conditions such as mental illnesses or substance abuse disorders through an integrated approach with onsite behavioral healthcare access. The criteria to achieve PCMH Behavioral Health Distinction include:

- Behavioral Health Clinicians
- Evidence Based Care
- Integrated Treatment Plans
- Whole Person Care

# After-Hours Nurse Line

#### **Catawba County**

Kintegra Family Medicine 133 1st Ave SE, Hickory 828-994-4544

### **Cleveland County**

Kintegra Family Medicine 305 W. College Ave, Shelby 704-818-9200 812 W. King St, Kings Mountain 704-739-5456 5009 Fallston Rd, Lawndale 704-538-8532 1758 E. Dixon Blvd, Shelby 704-480-0685 1760 E. Dixon Blvd, Shelby 704-480-9344

Kintegra Pediatric Medicine 1019 N. Lafayette St, Shelby 704-482-8282

### **Davidson County**

Kintegra Family Medicine 420 N. Salisbury St, Lexington 336-243-7475

611 Randolph St, Thomasville 336-476-2800

### Davie County

Kintegra Family Medicine 154 Government Center Dr, Mocksville 336-477-2233

### Gaston County

Kintegra Adult & Pediatric Medicine

2721 X-Ray Dr, Gastonia 704-874-2255

#### **Kintegra Family Medicine**

119 W. Pennsylvania Ave, Bessemer City 704-629-3465

> 991 W. Hudson Blvd, Gastonia 704-853-5079

609 N. Highland St, Gastonia 704-772-4700

111 E. 3rd Ave, Gastonia 704-874-3300

#### Kintegra Pediatric Medicine

991 W. Hudson Blvd, Gastonia 704-853-5010

### **Iredell County**

Kintegra Family Medicine 1022 Shelton Ave, Statesville 704-838-1234

#### Kintegra Pediatric Medicine

518 Brookdale Dr, Statesville 704-872-9595

### Lincoln County Kintegra Family Medicine

212 Gamble Dr, Lincolnton 704-735-7145

#### Randolph County Kintegra Family Medicine 1831 N Fayetteville St, Asheboro

336-672-1300