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RE-IMAGINING PREVENTIVE CARE AND CHRONIC DISEASE MANAGEMENT

Kintegra Health Chosen for Exciting Pilot for At-Home Care

The COVID-19 pandemic has forced health systems to reimagine how to effectively manage preventive care and chronic diseases when regular in-person visits are difficult or no longer feasible. With many U.S. adults delaying preventive care, and with 6 in 10 having at least one chronic condition including heart disease, cancer, and diabetes, regular health management is a matter of life and death with added COVID-19 risks. A large population of high-risk patients who are more likely to suffer from a disproportionate array of chronic conditions are cared for by community health centers.

To address this problem, The National Association of Community Health Centers (NACHC) developed a cutting-edge pilot project with 20 select health centers in 16 states around the country who will now offer patients their own self-care tools and remote patient monitoring to prevent unnecessary health problems. NACHC's project is called, "*Leading Change: Transforming At-Home Care*".

"Kintegra Health is excited and extremely honored to be chosen for this timely initiative," says Robert Spencer, CEO of Kintegra Health. *"We've seen a huge reduction in the number of patients with chronic conditions that we can regularly see, so this strategy to provide patients with the tools and information they need to care for themselves at home with our help, will make a tremendous difference in their lives."*

20 high-risk patients from Kintegra Health will be given a Patient Care Kit that includes a home kit for colorectal cancer screening, a home blood-sugar monitor for diabetes, a blood pressure monitor, a thermometer and scale. Patients will also receive educational materials and regular virtual visits from clinic staff. Clinic staff will receive technical assistance from NACHC.

The pilot is funded by the Health Resources and Services Administration and is designed to capture data through June 2021. It officially began on September 24th.

NACHC's Quality Center is excited to launch this initiative. *"This pandemic has shown us how community health center partners can step-up to transform our local healthcare systems and*

lead us into the future with new blended care delivery models that include at-home self-care integrated with virtual care. These steps have the potential to critically improve the way preventive care and chronic diseases are managed during and beyond this pandemic.”

About Kintegra

Kintegra Health is a community sponsored, family-centered provider of health care, health education and preventive care services without regard for the ability to pay. The organization employs over 600 people, providing medical, dental, behavioral health and supportive programs and services in Alexander, Catawba, Cleveland, Davidson, Davie, Forsyth, Gaston, Iredell, Lincoln and Mecklenburg Counties. To learn more, visit www.kintegra.org